



QUESTIONNAIRE OF PERSONAL AND SOCIAL COMPETENCES 6-9 years

(to be completed by parent and child)

Parents, if you do not know the answers to the following questions, invite your child to talk.

Ask, giving examples, or listen to what he says to you and how he talks about his experiences.

Use emoticons to check if your child knows and recognizes emotions.

EMOTIONS:

1. Can your child's name his emotions?
 - ⇒ definitely yes
 - ⇒ rather yes
 - ⇒ hard to say
 - ⇒ rather not
 - ⇒ definitely not
2. Can your child control his emotions?
 - ⇒ definitely yes
 - ⇒ rather yes
 - ⇒ hard to say
 - ⇒ rather not
 - ⇒ definitely not
3. Can your child control his anger?
 - ⇒ definitely yes
 - ⇒ rather yes
 - ⇒ hard to say
 - ⇒ rather not
 - ⇒ definitely not
4. Does your child handle shame well?
 - ⇒ definitely yes
 - ⇒ rather yes
 - ⇒ hard to say
 - ⇒ rather not
 - ⇒ definitely not
5. Does your child cope well with sadness?
 - ⇒ definitely yes
 - ⇒ rather yes
 - ⇒ hard to say
 - ⇒ rather not
 - ⇒ definitely not



SOCIAL SKILLS - SELF-ASSESSMENT – COOPERATION

6. Does your child easily establish contacts with peers?

- ⇒ definitely yes
- ⇒ rather yes
- ⇒ hard to say
- ⇒ rather not
- ⇒ definitely not

7. Does your child have friends with whom he often plays?

- ⇒ definitely yes
- ⇒ rather yes
- ⇒ hard to say
- ⇒ rather not
- ⇒ definitely not

8. Does your child cooperate with friends during play?

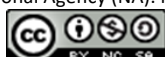
- ⇒ definitely yes
- ⇒ rather yes
- ⇒ hard to say
- ⇒ rather not
- ⇒ definitely not

9. Does your child play the role of a leader?

- ⇒ definitely yes
- ⇒ rather yes
- ⇒ hard to say
- ⇒ rather not
- ⇒ definitely not

10. Is your child submissive to peers?

- ⇒ definitely yes
- ⇒ rather yes
- ⇒ hard to say
- ⇒ rather not
- ⇒ definitely not





COMMUNICATION INCLUDING ASSERTIVENESS - SETTING BOUNDARIES

11. Does your child like to talk about his problems?

⇒ definitely yes

⇒ rather yes

⇒ hard to say

⇒ rather not

⇒ definitely not

12. Can your child come to a compromise during a conversation?

⇒ definitely yes

⇒ rather yes

⇒ hard to say

⇒ rather not

⇒ definitely not

13. Can your child say no and make clear boundaries?

⇒ definitely yes

⇒ rather yes

⇒ hard to say

⇒ rather not

⇒ definitely not

14. Can the child cope with the difficulties encountered?

⇒ definitely yes

⇒ rather yes

⇒ hard to say

⇒ rather not

⇒ definitely not

15. Can your child take criticism?

⇒ definitely yes

⇒ rather yes

⇒ hard to say

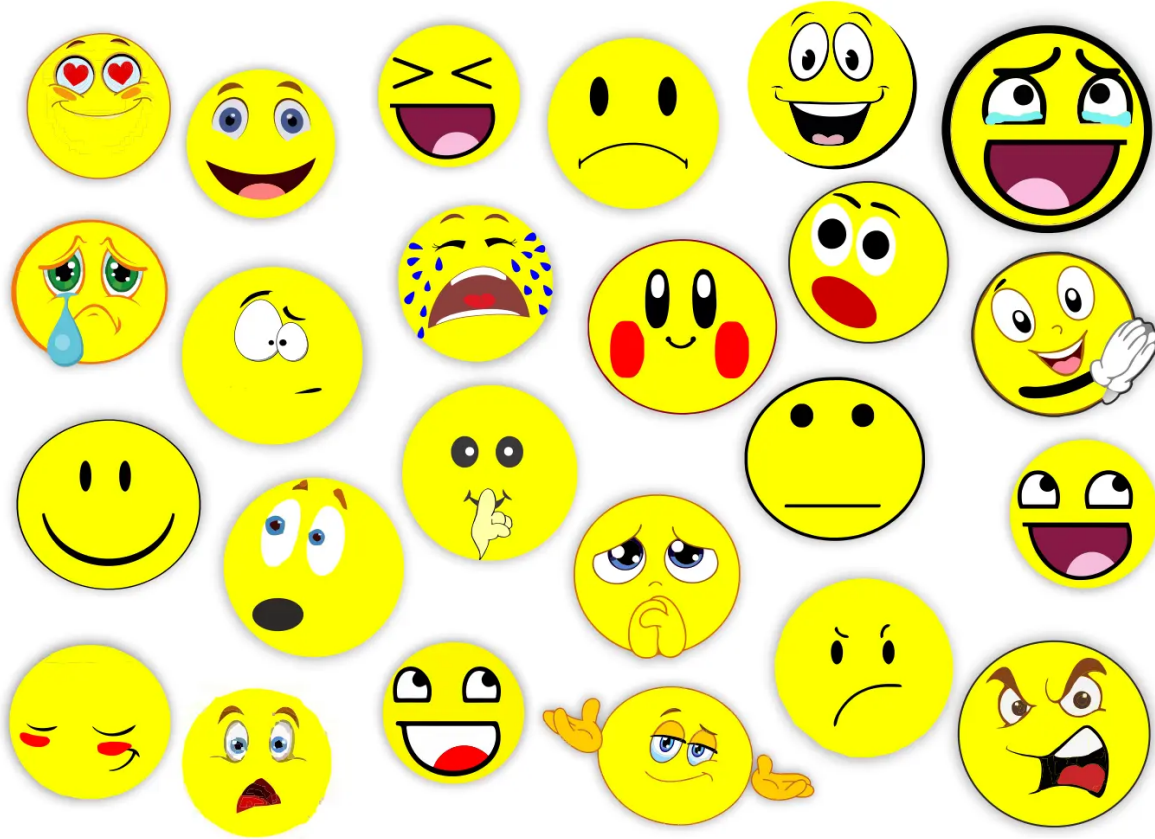
⇒ rather not

⇒ definitely not



Dofinansowane przez
Unię Europejską

Technology is
everywhere!
Where is the
balance?



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the National Agency (NA). Neither the European Union nor NA can be held responsible for them

Elaboration: Marta Szuberska

